	Medical Information Organizer		Update Regularly	
Your Information:				
First Name	Last Name			
Street Address		Apt. #		
City		State	Zip Code	
Home Telephone	Cellphone	Other		
Email Address				
Emergency Contact Informati	on:			
Name	Relationship		Telephone(s)	
Health Proxy Information:				
Name	Relationship		Telephone(s)	
Medications (Prescription/Her	bal/Over-the-Counter/Vitamins):			
Name of Medicine	Dose # Times/Day		Prescription	ОТС
Health Care Professionals (Ph	nysicians, Specialists, Dentists, etc.):			
Name	Telephone		Specialty	
Name	Telephone		Specialty	
Name	Telephone		Specialty	
Name	Telephone		Specialty	



Other things the doctor should know about me:

Name

Telephone

Specialty